

SKILL ASSESSMENTS



DO YOU HAVE YOUR PLAYER SKILL ASSESSMENT?

To maintain the appropriate standards of play in the NVTC 2.5 - 4.0 programs, players must have a Player Skill Assessment (PSA) to be eligible to register.

Levels are gained by achieving certain competencies as assessed by one of our full-time tennis professionals. The PSA is a series of evaluations on groundstrokes, volleys and serves.

All programs at level 2.5 and above require an assessment by coaching staff to participate.

PSA's are free and take approximately 10-15 minutes. They are offered at specific times during the week.

To book a PSA time call: 604.983.6483
For specific evaluation details go to: nvrc.ca/tennis

We reserve the right to withdraw participants from a program or request players be re-evaluated if coaching staff determine they are not at the appropriate level.

REFUND POLICY

- Withdrawals must be made either by phone (604-983-6483) or online.
- For a full refund, withdrawals must be made **8 days prior** to the first day of the program.
- Withdrawals made 7 days or less, prior to the first session will be refunded the price of the program minus one session.
- No refunds for programs after the second session.

nvrc.ca/tennis-adult

COACHING STAFF FULL TIME

Wayne Elderton ChPC - Tennis Director
Tennis Canada Level 4 Coach/
Club Professional 3 Certification

Jesse Evans - Head Tennis Professional
Tennis Canada Coach 3/Club Pro 2 Certification

Adi Madhavan - Tennis Professional
Director of Adult Development
Tennis Canada Club Pro 2 Certification

Ana Ileana - Tennis Professional
10U/12U Tournament Team Head Coach
Tennis Canada Club Pro 2 Certification

Klaus Schlotz - Senior Tennis Professional
Tennis Canada Coach 2/Club Pro 2 Certification

Akiva Lacterman - Tennis Professional
Tennis Canada Club Pro 2 Certification

Gary Winter - Tennis Professional
Tennis Canada Coach 2 Certification

Mauricio Virmond - Tennis Professional
Tennis Canada Club Pro 1 Certification

Piers Zdan - Tennis Professional
Tournament Teams Coordinator
Tennis Canada Coach 2/Club Pro 2 Certification

Jan Martinek - Tennis Professional
Tennis Canada Club Pro 1 Certification

Elliot King - Tennis Professional
Tennis Canada Club Pro 1 Certification

Lesson Rates: Including Court Fee

	Junior	Adult
Private with Tennis Director		55 Min/\$150
Private with coach		
30 minutes	\$35	\$37.50
45 minutes	\$52.50	\$56.25
55 minutes	\$70	\$75.00
1 Hr 25 minutes	\$105	\$112.50

Semi-Private: \$90.00 Group of 3 or 4: \$98.00

LEARN

Our instructional clinics help you acquire & develop new skills to improve your level of play.



Adult Winter 2023 (Term 2)

Winter Registration: Tuesday November 29

- North Vancouver Residents - 7:00am
- Non-Residents - 9:00am

 **North Vancouver
Tennis Centre**

280 Lloyd Ave,
North Vancouver, BC V7P 3H3
604.983.6483

nvrc.ca/tennis-adult

F.A.S.T. CLINIC

The Fun Adult Starter Tennis Clinic

Course Theme: 'Build the basics'

Learn to rally, serve & score to play singles and doubles.

The program follows the best practices of the International Tennis Federation (ITF) and introduces basic fundamentals.

Includes a **free** racquet and a tube of balls to get you going.

Mondays 10:00-11:25am

180689 Jan 9, 16, 23, 30, Feb 6. (\$135)

180690 Feb 13, 27, Mar 6, 13 (\$108)

Saturdays 10:00-11:25am

180692 Jan 7, 14, 21, 28, Feb 4, 11. (\$162)

180693 Feb 25, Mar 4, 11, 18 (\$108)

**PLEASE NOTE: All Adult Clinics have a
1 Coach/1 Court/ 6 player ratio**



1.5 CLINICS

Course Theme: 'Building Better Basics'

Learn to start points with consistent serves and to receive different heights, directions and distances of groundstrokes to keep the ball in play. Receiving volleys is also covered.

Monday 7:00-8:25pm

180694 Jan 9, 16, 23, 30, Feb 6. (\$157.50)

180695 Feb 13, 27, Mar 6, 13 (\$126)

Wednesday 11:00am-12:25pm

180696 Jan 4, 11, 18, 25, Feb 1, 8 (\$189)

180697 Feb 15, 22, Mar 1, 8, 15 (\$157.50)

Saturday 11:00am-12:25pm

180698 Jan 7, 14, 21, 28, Feb 4, 11. (\$189)

180699 Feb 25, Mar 4, 11, 18 (\$126)

2.0 CLINICS

Course Theme: 'Handling Various Shots'

Learn to win more points by keeping the ball in play on serves, returns and in a baseline rally. Improve reception of volleys when playing singles & doubles.

Mondays 7:00-8:25pm

180701 Jan 9, 16, 23, 30, Feb 6. (\$157.50)

180702 Feb 13, 27, Mar 6, 13 (\$126)

Wednesday 9:30-10:55am

180704 Jan 4, 11, 18, 25, Feb 1, 8 (\$189)

180706 Feb 15, 22, Mar 1, 8, 15 (\$157.50)

Sundays 11:00am-12:25pm

180707 Jan 8, 15, 22, 29, Feb 5, 12 (\$189)

180708 Feb 26, Mar 5, 12, 19 (\$126)

2.5 CLINICS

Course Theme: 'Handling Challenging Shots'

Learn to win more by keeping the ball in play through improved reception of wider/shorter/deeper groundstrokes and higher/lower balls at net and to serve with improved consistency direction control and mechanics.

Mondays 8:30-9:55pm

180710 Jan 9, 16, 23, 30, Feb 6. (\$157.50)

180712 Feb 13, 27, Mar 6, 13 (\$126)

Wednesdays 11:00am-12:25pm

180713 Jan 4, 11, 18, 25, Feb 1, 8 (\$189)

180714 Feb 15, 22, Mar 1, 8, 15 (\$157.50)

3.0 CLINICS

Course Theme: 'Exploring Spin to Win'

Learn to win more points by applying spin (Topspin & Underspin on FH & BH groundstrokes and slice on serve). Serve & return with better direction control and mechanics and control volleys when receiving balls at different heights.

Tuesdays 7:00-8:25pm

180716 Jan 3, 10, 17, 24, 31, Feb 7 (\$189)

180718 Feb 14, 21, 28, Mar 7, 14 (\$157.50)

Thursdays 9:30-10:55am

180719 Jan 5, 12, 19, 26, Feb 2, 9 (\$189)

180720 Feb 16, 23, Mar 2, 9, 16 (\$157.50)

Sundays 11:00am-12:25pm

180722 Jan 8, 15, 22, 29, Feb 5, 12 (\$189)

180723 Feb 26, Mar 5, 12, 19 (\$126)

3.5 CLINICS

Course Theme: 'Exploring Better Shot-making'

Learn to win more points by hitting more effective shots that keep opponent's neutral or at a disadvantage on serves, returns, during baseline exchanges and when approaching and at net.

Saturdays 8:30-9:55am

180726 Jan 7, 14, 21, 28, Feb 4, 11. (\$189)

180728 Feb 25, Mar 4, 11, 18 (\$126)

Tuesdays 8:30-9:55pm

180731 Jan 3, 10, 17, 24, 31, Feb 7 (\$189)

180732 Feb 14, 21, 28, Mar 7, 14 (\$157.50)

Thursdays 11:00am-12:25pm

180734 Jan 5, 12, 19, 26, Feb 2, 9 (\$189)

180735 Feb 16, 23, Mar 2, 9, 16 (\$157.50)

3.5 DOUBLES COURSE

A specialty doubles course on the techniques for doubles. Highlighting volleys, overheads & returns. Run by NVTC Tennis Director, **Wayne Elderton**.

Ratio: 1 Coach/1 Court/4 players

Fridays 10:30am-12:25pm

180737 Jan 6 - Mar 17

11 classes (\$462)