

## PLAYER SKILL ASSESSMENTS

### DO YOU HAVE YOUR PLAYER SKILL ASSESSMENT?

To maintain the appropriate standards of play in the NVTC 2.5 - 4.0 programs, players must have a Player Skill Assessment (PSA) to be eligible to register.

Levels are gained by achieving certain competencies as assessed by one of our full-time tennis professionals. The PSA is a series of evaluations on groundstrokes, volleys and serves.

All programs at level 2.5 and above require an assessment by coaching staff to participate.

PSA's are free and take approximately 10-15 minutes. They are offered at specific times during the week.

To book a PSA time call: 604.983.6483 For specific evaluation details go to: [nvrc.ca/tennis](http://nvrc.ca/tennis)

We reserve the right to withdraw participants from a program or request players be re-evaluated if coaching staff determine they are not at the appropriate level.



## COACHING STAFF FULL TIME

**Wayne Elderton ChPC - Tennis Director**  
Tennis Canada Level 4 Coach/  
Club Professional 3 Certification

**Jesse Evans - Head Tennis Professional**  
Tennis Canada Coach 3/Club Pro 2 Certification

**Adi Madhavan - Tennis Professional**  
**Director of Adult Development**  
Tennis Canada Club Pro 2 Certification

**Ana Ileana - Tennis Professional**  
**12U Tournament Team Head Coach**  
Tennis Canada Club Pro 2 Certification

**Piers Zdan - Tennis Professional Tournament**  
**Teams Program Coordinator**  
Tennis Canada Coach 2/Club Pro 2 Certification

**Klaus Schlotz - Senior Tennis Professional**  
Tennis Canada Coach 2/Club Pro 2 Certification

**Akiva Lacterman - Tennis Professional**  
Tennis Canada Club Pro 2 Certification

**Gary Winter - Tennis Professional**  
Tennis Canada Coach 2 Certification

**Mauricio Virmond - Tennis Professional**  
Tennis Canada Club Pro 1 Certification

**Jan Martinek - Tennis Professional**  
Tennis Canada Club Pro 1 Certification

**Elliot King - Tennis Professional**  
Tennis Canada Club Pro 1 Certification

### Lesson Rates: Including Court Fee

	Junior	Adult
<b>Private with Tennis Director</b>		55 Min/\$150
<b>Private with Professional staff</b>		
30 minutes	\$35	\$37.50
45 minutes	\$52.50	\$56.25
55 minutes	\$70	\$75.00
1 Hr 25 minutes	\$105	\$112.50

Semi-Private: \$90.00/hr. Group of 3 or 4: \$98.00/hr. -  
Prices shown without tax

# PRACTICE

Higher intensity drill sessions or play & drill hybrids to improve skills & fitness through repetition



## Adult Winter 2023 (Term 2)

**Winter Registration: Tuesday November 29**

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280 Lloyd Ave  
North Vancouver, BC V7P 3H3  
**604.983.6483**

[nvrc.ca/tennis-adult](http://nvrc.ca/tennis-adult)



### NEED EXTRA PRACTICE?

Can't find a partner?  
Ball machine available for \$7 plus court fee.

### REFUND POLICY

- Withdrawals must be made either by phone (604-983-6483) or online
- For a full refund, withdrawals must be made **8 days prior to** the first day of the program.
- Withdrawals made 7 days or less, prior to the first session will be refunded the price of the program minus one session.
- No refunds for programs after the second session.

[nvrc.ca/tennis-adult](http://nvrc.ca/tennis-adult)

## PRACTICE

Our practice programs are for players who want extra practice on their shots. Coaches will not spend time on instruction and progressively breaking down skills, but rather, run fast-paced, fun repetition drills for skill improvement.

### 2.5 PRACTICE & PLAY

Combination of drilling and doubles play.  
**Ratio: 1 Coach/1 Court/4 players**

#### Tuesdays 9:30-10:55am

**180929** Jan 3, 10, 17, 24, 31 (5-weeks **\$150**)  
**180930** Feb 7, 14, 21, 28, Mar 7, 14 (6-weeks **\$180**)

### 2.5 PRACTICE

Practice skills learned in the 2.5 Clinics.  
**Ratio: 1 Coach/1 Court/ 6 Players**

#### Thursdays 12:30-1:25pm

**180931** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180932** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Thursdays 1:30-2:25pm

**180933** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180934** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Thursdays 8:00-8:55pm

**180935** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180936** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Sundays 10:00-10:55am

**180937** Jan 8, 15, 22, 29, Feb 5 (5-weeks **\$90**)  
**180938** Feb 12, 26, Mar 5, 12, 19 (5-weeks **\$90**)

### 3.0 PRACTICE & PLAY

Combination of drilling and doubles play.

**Ratio: 1 Coach/1 Court/4 players**

#### Wednesdays 12:30-1:55pm

**180940** Jan 4, 11, 18, 25, Feb 1 (5-weeks **\$150**)  
**180942** Feb 8, 15, 22, Mar 1, 8, 15 (6-weeks **\$180**)

### 3.0 PRACTICE

Practice skills learned in the 3.0 Clinics.  
**Ratio: 1 Coach/1 Court/ 6 Players**

#### Mondays 11:30am-12:25pm

**180943** Jan 9, 16, 23, 30, Feb 6 (5-weeks **\$90**)  
**180944** Feb 13, 27, Mar 6, 13 (4-weeks **\$72**)

#### Thursdays 1:30-2:25pm

**180945** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180946** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Thursdays 7:00-7:55pm

**180947** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180948** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Fridays 12:30-1:25pm

**180949** Jan 6, 13, 20, 27, Feb 3 (5-weeks **\$90**)  
**180950** Feb 10, 17, 24, Mar 3, 10, 17 (6-weeks **\$108**)

#### Saturday 9:00-9:55am

**180951** Jan 7, 14, 21, 28, Feb 4 (5-weeks **\$90**)  
**180952** Feb 11, 25, Mar 4, 11, 18 (5-weeks **\$90**)

#### Saturday 10:00-10:55am

**180953** Jan 7, 14, 21, 28, Feb 4 (5-weeks **\$90**)  
**180954** Feb 11, 25, Mar 4, 11, 18 (5-weeks **\$90**)

### 3.5 PRACTICE

Practice skills learned in the 3.5 Clinics.

**Ratio: 1 Coach/1 Court/ 6 Players**

#### Mondays 11:30am-12:25pm

**180956** Jan 9, 16, 23, 30, Feb 6 (5-weeks **\$90**)  
**180958** Feb 13, 27, Mar 6, 13 (4-weeks **\$72**)

#### Thursdays 12:30-1:25pm

**180959** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180960** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Thursdays 9:00-9:55pm

**180961** Jan 5, 12, 19, 26, Feb 2 (5-week **\$90**)  
**180962** Feb 9, 16, 23, Mar 2, 9, 16 (6-weeks **\$108**)

#### Fridays 1:30-2:25pm

**180968** Jan 6, 13, 20, 27, Feb 3 (5-weeks **\$90**)  
**180969** Feb 10, 17, 24, Mar 3, 10, 17 (6-weeks **\$108**)

#### Sundays 9:00-9:55am

**180970** Jan 8, 15, 22, 29, Feb 5 (5-weeks **\$90**)  
**180971** Feb 12, 26, Mar 5, 12, 19 (5-weeks **\$90**)

#### Sundays 10:00-10:55am

**180972** Jan 8, 15, 22, 29, Feb 5 (5-weeks **\$90**)  
**180974** Feb 12, 26, Mar 5, 12, 19 (5-weeks **\$90**)

**NOTE: Players assessed at the appropriate level can 'Drop-in' to any Practice & Play or Practice program for a one-session fee if there is space available in the class.:**

- Practice & Play: **\$30/session**
- Practice: **\$18/session**

### 3.5 PRACTICE & PLAY

Combination of drilling and doubles play.

**Ratio: 1 Coach/1 Court/4 players**

#### Tuesdays 12:30-1:55pm

**180979** Jan 3, 10, 17, 24, 31 (5-weeks **\$150**)  
**180981** Feb 7, 14, 21, 28, Mar 7, 14 (6-weeks **\$180**)

### 4.0 PRACTICE & PLAY

Combination of drilling and doubles play.  
**Ratio: 1 Coach/1 Court/4 players**

#### Mondays 2:00-3:25pm

**180986** Jan 9 - Mar 13  
9 Sessions - **\$270**

#### Thursdays 8:00-9:55pm

**180989** Jan 5 - Mar 16  
11 Sessions - **\$440**

### 4.0 PRACTICE

Practice skills at the 4.0 level.

**Ratio: 1 Coach/1 Court/ 6 Players**

#### Sundays 9:00-9:55am

**180993** Jan 8, 15, 22, 29, Feb 5 (5-weeks **\$90**)  
**189996** Feb 12, 26, Mar 5, 12, 19 (5-weeks **\$90**)

