



Catherine Fields

Biography

Catherine Fields was born in Geneva, Switzerland. She attended Teacher's College in Lausanne where she earned her degree in Children's Pedagogy in 1978. Catherine then taught in Geneva for 5 years.

In 1983, she immigrated to Canada and often credits the country's accepting atmosphere with giving her the confidence and freedom to explore her creativity. She now paints and lives in North Vancouver with her family.

Her decade-long experience teaching children through the arts found expression in the five children's books she wrote and illustrated for French Immersion Programs throughout Canada.

Travelling, hiking and nature are her three primary sources of energy and provide her the inspiration and drive to create the abstract work that she loves to do.

During the last 12 years, Catherine has turned her creativity to a focus on her own painting. She paints with acrylic paint and mixed media. She has taken numerous art courses and workshops throughout the years as well as painting regularly in her studio.

During her early period she was a founding member of a group of 5 artists, called the 5senses. The 5senses did various projects and exhibits as a group over several years.

She has shown her work and sold paintings in British Columbia, Switzerland, France and Germany, as well as sold her work to collectors in England, Thailand and Alberta.

She is represented in an Art Book called A Walk into Abstracts Volume 6 [Walk Into Abstracts](#) and also in a book called Artists of British Columbia Volume 1 [Artists in BC](#).

She has had many group shows annually over the last 12 years and had a solo show at the gallery Duo in Sion, Switzerland, Louis Gervais restaurant in North Vancouver and Trisconi Meuble in Vionnaz, Switzerland, at Delayne's in West Vancouver.

Collectors often speak about the liveliness, warmth and dynamism expressed in her work. Although she works in all kinds of sizes, she really enjoys working on large surfaces.

Statement

My passion to create abstract paintings is the way I have found to share my inner sense of the world.

I paint mostly abstract, although many of my paintings hark to the source inspiration, landscape and nature. Nature is very important to me and essential for creating my art.

I like to use strong colours, representing my positive and enthusiastic approach to life. I paint intuitively, freely, full of gusto. When I am in front of my canvas, my emotion guides me into the painting.

As I launch into a painting I often find it very busy. I start making lots of marks and using lots of colours, maybe due to my busy life. Next I start veiling, calming it down. I let myself be guided by the marks that I do, responding with the colours that I feel and continue, until I feel the work is complete. It is a conversation between my work and I.

Painting abstract gives me a great sense of liberty. I love painting on large canvases, even more on unstretched canvases or paper. This allows me to be even looser and freer.

I like to evoke mystery and intrigues in my paintings. It is important to me if the viewer finds her or his own way into the painting and sees what she or he wants to see.

Why do I love painting so much? It is the joy, freeness, sense of satisfaction and accomplishment I receive through painting.

Catherine Fields

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Selected Exhibitions and Showings

SOLO SHOWS

2018 Gallery Bistro, Port Moody, BC

2017 Delany's Coffee House, West Vancouver, BC

2016 Galerie Duo, Sion, Switzerland

2012 Louis Gervais Bistro, North Vancouver, BC

2009 - Present Trisconi, Vionnaz, Switzerland

AWARDS

Jurors' Choice Award, Ferry Building Gallery, 2008

Federation of Canadian Artists Honorable Mention Award, Flower show, Federation Gallery, 2016

SELECTED GROUP SHOWS

2019

Rental show, CityScape, North Vancouver, BC

North Shore Art Crawl, North Vancouver, BC

ArtBomb

2018

North Shore Art Crawl, North Vancouver, BC

Gallery Bistro, Port Moody, Vancouver, BC

Anonymous Show, CityScape Gallery, North Vancouver, BC

Art Rental show, CityScape, North Vancouver, BC

2017

North Shore Art Crawl, North Vancouver, BC

Rental show CityScape, North Vancouver, BC

2016

Abstract Show, Federation Gallery, Vancouver, BC

North Shore Art Crawl, North Vancouver, BC

Flower Show, Federation Gallery, Vancouver, BC

Galerie Minuscule, Vercorin, Switzerland

2015

5enses at Delany's Coffee House, West Vancouver, BC

North Shore Art Crawl, North Vancouver, BC

Cerulean Show, CityScape Gallery, North Vancouver, BC

Art Rental Show, CityScape Gallery, North Vancouver, BC

2014

- April *Federation Artist Gallery, Grandville Island, Vancouver*
- August *Harmony Art Festival, West Vancouver*
- September *Hycroft Gallery, UBC Women's club, Vancouver*

2013

- November/December *Hollyburn Country Club, West Vancouver*
- November/January *Kunstsupermarkt, Berlin, Frankfurt Germany*
- November/January *Kunstsupermarkt, Soleure Switzerland*
- October/November *Bird on a Wire, Vancouver, BC*
- September/October *Delany's, West Vancouver, BC*
- June *Galerie Minuscule, Vercorin, Switzerland*
- June *Galerie Duo, Sion, Valais, Switzerland*

2012

- January/June *Centennial Theater, North Vancouver BC*
- January/ongoing *Delany's Coffee House, West Vancouver, BC*
- March *Kay Meek Theater, West Vancouver, BC*
- April/May *Bistro Louis Gervais, solo show North Vancouver BC*

2011

- *December Federation Artist, Vancouver, BC*
- *November Kunst Supermarkt, contemporary Art Show, Soleure, Switzerland*
- *September Portico Gallery, Squamish BC*
- *June Art Salon, Ferry Building, West Vancouver, BC*
- *April Art Crawl, North Shore, Vancouver, BC*
- *March U8 group show, Sopa Gallery, Kelowna, BC*
- *January ArtRental Show, CityScape Gallery, North Vancouver BC*

2010

- *November Small, Smaller, Smallest Show, Federation Gallery, Vancouver*
- *October 5 Senses and Sensibilities, CityScape Gallery, North Vancouver*
- *September The Sixth Sense, Scotia Creek Gallery, Whistler BC*
- *August Harmony Arts Festival (juried), West Vancouver*
- *August Permanent Art Show, Trisconi, Vionnaz, Switzerland*
- *July North Shore Artist Guild, Ferry Building, West Vancouver*
- *June Summer Solstice, Leighdon Gallery, Vancouver BC*

2009

- October Vancouver *Juror's Choice Award Show*, Ferry Building Gallery, West Vancouver
- October *Abstract Group Show*, Art' et Miss Gallery, Paris, France
- October *Exposition permanente*, Trisconi, Vionnaz, Switzerland
- August *Harmony Arts Festival*, (group exhibit), West Vancouver
- April *Stepping into Abstraction*, Silk Purse Gallery, West Vancouver

2008

- November Vancouver *Annual Fine Art Sale*, North Shore Artists' Guild, North Vancouver
- June *Joy Of Abstract*, (group exhibit), l'Alliance Française, Vancouver

2007

- February *Salt Water Studio*, (group exhibit), Granville Island, Vancouver