

SKILL ASSESSMENTS

DO YOU HAVE YOUR PLAYER SKILL ASSESSMENT?

To maintain the appropriate standards of play in the NVTC 2.5 - 4.0 programs, players must have a Player Skill Assessment (PSA) to be eligible to register.

Levels are gained by achieving certain competencies as assessed by one of our full-time tennis professionals. The PSA is a series of evaluations on groundstrokes, volleys and serves.

All programs at level 2.5 and above require an assessment by coaching staff to participate.

PSA's are free and take approximately 10-15 minutes. They are offered at specific times during the week.

To book a PSA time call: 604.983.6483
For specific evaluation details go to: nvrc.ca/tennis

We reserve the right to withdraw participants from a program or request players be re-evaluated if coaching staff determine they are not at the appropriate level.

FULL TIME COACHING STAFF

Wayne Elderton ChPC - Tennis Director
Tennis Canada Level 4 Coach/
Club Professional 3 Certification
International Master Professional (PTR)

Jesse Evans - Head Tennis Professional
Tennis Canada Coach 3/Club Pro 2 Certification

Adi Madhavan - Director of Adult Development
Tennis Canada Club Pro 2 Certification

Piers Zdan - Director- Junior Tournament Teams
Tennis Canada Coach 2/Club Pro 2 Certification

Klaus Schlotz - Senior Tennis Professional
Tennis Canada Coach 2/Club Pro 2 Certification

Ana Ileana - Tennis Professional
Tennis Canada Coach 2/Club Pro 2 Certification

Akiva Lacterman - Tennis Professional
Tennis Canada Club Pro 2 Certification

Gary Winter - Tennis Professional
Tennis Canada Coach 2 Certification

Mauricio Virmond - Tennis Professional
Tennis Canada Club Pro 1 Certification

Jan Martinek - Tennis Professional
Tennis Canada Club Pro 1 Certification

Elliot King - Tennis Professional
Tennis Canada Club Pro 1 Certification

Lesson Rates: Including Court Fee

	Junior	Adult
Private with Tennis Director		55 Min/\$150
Private with coach		
30 minutes	\$37.50	\$40
45 minutes	\$56.25	\$60
55 minutes	\$75	\$80
1 Hr 25 minutes	\$112.50	\$120

*Semi-Private: \$96/hr. Group of 3 : \$102/hr. Group of 4: \$112
-Prices shown without taxes*

PRACTICE

Higher intensity drill sessions or play & drill hybrids to improve skills & fitness through repetition



Adult

Winter 2024 (Term 2)

Fall Registration: Tuesday November 28

- North Vancouver Residents - 7:00am
- All Customers - 9:00am



280 Lloyd Ave,
North Vancouver, BC V7P 3H3
604.983.6483

nvrc.ca/tennis-adult



NEED EXTRA PRACTICE?

Can't find a partner?
Ball machine available for \$7 plus court fee.

REFUND POLICY

- Withdrawals must be made either by phone (604-983-6483) or online.
- For a full refund, withdrawals must be made **8 days prior** to the first day of the program.
- Withdrawals made 7 days or less, prior to the first session will be refunded the price of the program minus one session.
- No refunds for programs after the second session.

nvrc.ca/tennis-adult

PRACTICE

Prices shown without tax

Prices shown without tax

Our practice programs are for players who want extra practice on their shots. Coaches will not spend time on instruction and progressively breaking down skills, but rather, run fast-paced, fun repetition drills for skill improvement.

2.5 PRACTICE & PLAY

Combination of drilling and doubles play.

Ratio: 1 Coach/1 Court/4 players

Tuesdays 9:30-10:55am

225493 Jan 9, 16, 23, 30, Feb 6 (**\$165**)

225496 Feb 13, 20, 27 Mar 5, 12, 19 (**\$198**)

2.5 PRACTICE

Practice skills learned in the 2.5 Courses.

Ratio: 1 Coach/1 Court/ 6 Players

Mondays 11:30-12:25pm

225466 Jan 8, 15, 22, 29, Feb 5 (**\$100**)

225469 Feb 12, 26, Mar 4, 11, 18 (**\$100**)

Mondays 8:00-8:55pm

225488 Jan 8, 15, 22, 29, Feb 5 (**\$100**)

2254490 Feb 12, 26, Mar 4, 11, 18 (**\$100**)

Sundays 10:00-10:55am

225491 Jan 7, 14, 21, 28, Feb 4 (**\$100**)

225492 Feb 11, 25, Mar 3, 10, 17, 24 (**\$120**)

3.0 PRACTICE & PLAY

Combination of drilling and doubles play.

Ratio: 1 Coach/1 Court/4 players

Wednesdays 12:30-1:55pm

225993 Jan 10, 17, 24, 31, Feb 7 (**\$165**)

225994 Feb 14, 21, 28, Mar 6, 13, 20 (**\$198**)

3.0 PRACTICE

Practice skills learned in the 3.0 Courses.

Ratio: 1 Coach/1 Court/ 6 Players

Mondays 7:00am-7:55pm

225999 Jan 8, 15, 22, 29, Feb 5 (**\$100**)

226001 Feb 12, 26, Mar 4, 11, 18 (**\$100**)

Thursdays 1:30-2:25pm

226007 Jan 11, 18, 25, Feb 1, 8 (**\$100**)

226008 Feb 15, 22, 29 Mar 7, 14, 21 (**\$120**)

Friday 12:30-1:25pm

226013 Jan 12, 19, 26, Feb 2, 9 (**\$100**)

226014 Feb 16, 23, Mar 1, 8, 15, 22 (**\$120**)

Sunday 9:00-9:55am

226021 Jan 7, 14, 21, 28, Feb 4 (**\$100**)

226023 Feb 11, 25, Mar 3, 10, 17, 24 (**\$120**)

3.5 PRACTICE & PLAY

Combination of drilling & doubles play

Ratio: 1 Coach/1 Court/ 6 Players

Tuesdays 12:30-1:55pm

226030 Jan 9, 16, 23, 30, Feb 6 (**\$165**)

226032 Feb 13, 20, 27, Mar 5, 12, 19 (**\$198**)

3.5 PRACTICE

Practice skills learned in the 3.5 Courses.

Ratio: 1 Coach/1 Court/ 6 Players

Mondays 9:00-9:55pm

226040 Jan 8, 15, 22, 29, Feb 5 (**\$100**)

226041 Feb 12, 26, Mar 4, 11, 18 (**\$100**)

Thursdays 12:30-1:25pm

226046 Jan 11, 18, 25, Feb 1, 8 (**\$100**)

226047 Feb 15, 22, 29 Mar 7, 14, 21 (**\$120**)

Friday 1:30-2:25pm

226052 Jan 12, 19, 26, Feb 2, 9 (**\$100**)

Sunday 10:00-10:55am

226059 Jan 7, 14, 21, 28, Feb 4 (**\$100**)

NOTE: Players assessed at the appropriate level can 'Drop-in' to any Practice & Play or Practice program for a one-session fee if there is space available in the class:

- Practice Programs: \$20/session
- Practice & Play Programs: \$33/session

4.0 PRACTICE & PLAY

Combination of drilling and doubles play.

Ratio: 1 Coach/1 Court/4 players

Mondays 2:00-3:25pm

225512 Jan 8 - Feb 5 (5 Sessions)

\$165

225513 Feb 12 - Mar 18 (5 Sessions)

\$165

Mondays 8:00-9:55pm

225514 Jan 8 - Feb 5 (5 Sessions)

\$220

225515 Feb 12 - Mar 18 (5 Sessions)

\$220

4.0 PRACTICE

Practice skills at the 4.0 level.

Ratio: 1 Coach/1 Court/ 6 Players

Sundays 9:00-9:55am

225520 Jan 7, 14, 21, 28, Feb 4 (**\$100**)

225521 Feb 11, 25, Mar 3, 10, 17, 24 (**\$120**)

