

# PROGRAM REPORT



**NAME:**

**Report Date:**

**CURRENT RATING:**

**CURRENT F.A.M.E. Score:**

**NOTE:** To attain the level, players must achieve appropriate competency on **all 3** evaluations (Groundstroke, Volleys, and Serve).

COMPETENCIES	YOUR SCORE	Entrance requirements at each level				
		2.0	2.5	3.0	3.5	4.0
<p><b>NEUTRAL GROUNDSTROKE RALLY</b>                      Player must maintain a 15 second rally using FH &amp; BHs on ½ width court (singles sideline to centre line). Players must hit a ‘neutralizing’ shot that prevents the opponent from stepping into the court (crossing the baseline). <b>Note:</b> 3.0, 3.5 &amp; 4.0 assessments evaluate Forehand and Backhand separately in a crosscourt exchange..</p> <p><b>Evaluation:</b> # of ‘neutral’ balls that cross the net in 15 seconds.</p>		Rally <b>3</b> balls in a row past service line	Individual score: <b>2</b>	Individual score: <b>3</b>	Individual score: <b>4</b>	Individual score: <b>5+</b>
<p><b>NEUTRAL VOLLEY CONSISTENCY</b>                      Maintain a consistent, ‘neutralizing’ volley rally using FH &amp; BH. The volley must keep the baseliner neutral (they cannot cross the baseline to get the volley).</p> <p><b>Evaluation:</b> Longest sequence of ‘Neutral’ volleys.</p>		Hit <b>3</b> volleys in a row into the court	Individual score: <b>2</b>	Individual score: <b>3</b>	Individual score: <b>4</b>	Individual score: <b>6+</b>
<p><b>1<sup>st</sup> SERVE</b>                      Player gets 10 serves to place the ball alternately to the FH and BH halves of the service box. A power bonus is given if the serve lands beyond the designated power measurement before the second bounce (no serve points are awarded if the serve lands in, but doesn’t pass the baseline on the 2<sup>nd</sup> bounce).</p> <p><b>Evaluation:</b> 1 point for the ball landing in the target area. 1 point for making the power criteria. 5 serves from Deuce side/5 from Ad side.</p>		<b>2</b> /20	<b>4</b> /20	<b>6</b> /20	<b>8</b> /20	<b>11+</b> /20

**Course of Action:**

- Consider going for an official assessment for another program
- Needs practice outside of program time
- Must address identified issues to improve
- Having fun/Doing fine. Keep going

## FOCUS And MOTIVATION Evaluation (FAME)

RATING	OBSERVED BEHAVIORS
<b>1.</b> <i>Far below Standard</i>	<b>Focus:</b> Continually loses focus and requires constant coach supervision to stay on task (May even misbehave).
	<b>Coachability:</b> Continually does not accept, or ignores coach instructions.
	<b>Work Ethic:</b> Rarely displays effort in training activities at all times, even when coaches intervene.
	<b>Motivation:</b> Disinterested in training and does not engage in practicing or watching tennis outside of training times.
<b>2.</b> <i>Major Changes required to meet Standard</i>	<b>Focus:</b> Frequently loses focus and requires coach supervision to stay on task.
	<b>Coachability:</b> Reluctantly accept coach instructions.
	<b>Work Ethic:</b> Rarely displays effort in training activities unless coaches intervene.
	<b>Motivation:</b> Mildly interested in training & competing. Does not engage in practicing or watching tennis outside of training times.
<b>3.</b> <i>Approaching Standard</i>	<b>Focus:</b> Occasionally loses focus requiring coach supervision to stay on task.
	<b>Coachability:</b> Open to coach instructions.
	<b>Work Ethic:</b> Sometimes displays effort but typically displays, "going through the motions".
	<b>Motivation:</b> Likes training & competing but reluctant to engage in practicing, or watching tennis outside of training times. Parents display more motivation towards their tennis than they do.
<b>4.</b> <i>Meeting Standard</i>	<b>Focus:</b> Mostly focuses on tasks. Requires occasional coach reminder.
	<b>Coachability:</b> Accepts coach instructions.
	<b>Work Ethic:</b> Generally displays effort and will increase effort when coach asks.
	<b>Motivation:</b> Likes training and competing. Watches tennis on TV. Demonstrates intrinsic motivation to play and practice.
<b>5.</b> <i>Exceeding Standard</i>	<b>Focus:</b> Consistently independently focuses on tasks without the need of coach supervision.
	<b>Coachability:</b> Consistently accepts and fully engages with coach instructions.
	<b>Work Ethic:</b> Consistently gives full effort in all training activities at all times without coach intervention.
	<b>Motivation:</b> Excited about training & competing. Watches tennis on TV at every opportunity. Demonstrates intrinsic motivation to play and practice. They are described as "Breathing tennis" and 'beg' their parents to be on the court more.

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